

# The 2022 FNP Annual CE Conference celebrating FNP's 20th Anniversary "Honoring the Past, Celebrating the Present and Shaping the Future"

## Event Agenda

Thursday, August 25, 2022 at 9:00am ET - Saturday, August 27, 2022 at 3:00pm ET

**i** All times listed in Eastern Time (US & Canada).

### Thursday, August 25, 2022

8:00am - 4:00pm

#### Registration -- Crystal Registration Desk

Attendee Registration for workshop attendance.

Exhibitors Registration & Set Up: Thursday 08/25/2022 from 01:00 PM - 04:00 PM.

PC Donations accepted at this time at registration desk 9:30am - 4:00pm

This educational activity is approved by AANP for approval for up to 29.25 contact hours and 3.75 hrs of Pharma of accredited education.

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9:00am - 4:00pm

#### Derm Workshop --Woundapalooza - Lets Wound! -- Location: Grand Ballroom 13-14

Maria Whyte, DHSc, NP-C and Marcia Johansson, DNP, APRN, ACNP-BC

5.0 CE Credits

Course Introduction: Learn to perform and perfect your clinical procedures skills! This workshop for great for beginners and skilled practitioners alike who need an update or to re-train. Upon completion of this live interactive course, the participants should be able to: 1) Recall scope of practice and informed consent for wound care, 2) Identify various suture materials, needles, and equipment for suturing techniques, 3) Describe how to evaluate and assess wounds to determine the proper procedure for best outcome in wound repair. The course covers wound types and preparation for repair with hands-on practice for procedures & various closure techniques (Knot tying, staples, steri-strip, punch biopsy, simple interrupted, simple continuous & figure of eight stitches, removal of a foreign body (i.e. fish hook), cyst removal and I&D procedure with packing). Faculty will discuss patient education for home care of wounds. Students will be able to demonstrate advanced wound closure techniques such as horizontal mattress stitch, corner stitch, and vertical mattress suture. The lecture will include patient education, billing, and coding procedures.

\*Please note: All 3 workshop courses will take a lunch break (on your own) from 11:30 AM to 1:00 PM.

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9:00am - 4:00pm

#### Acute Care Workshop -- Location: Grand Ballroom 9-10

Donna Lester DNP, FAANP, ACNP-BC, MS, CC-CNS / Monica Sanford, MSN-BC-AG-ACNP / Douglas Houghton, DNP, APRN, ACNPC, CCRN, FAANP

5.0 CE Credits

This is FNP's first workshop focusing on Acute Care for both our hospital and primary care based NP clinicians. The team provides up to date best practice to improve outcomes and optimize collaboration of acute and primary care patient management. Discussion includes antibiotic guidelines and resistance for the acute care population, determining risk and recommendations for pre-surgical non-cardiac procedures, chest radiography and diagnostic testing, national guideline updates for Chest Pain /Acute Coronary Syndrome, differential diagnosis for syncope, and ethical end of life decisions for the hospital patient.

\*Please note: All 3 workshop courses will take a lunch break (on your own) from 11:30 AM to 1:00 PM.

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9:00am - 4:00pm

**Workshop CMV Medical Examiner Training Course: History Overview and Regulation -- Location: Grand Ballroom 13-14**

Wendy Paraka, DNP, APRN, NP-C, FNP, FAANP and Jean Aertker, DNP, APRN, FNP-BC, FAANP

5.0 CE Credits

The content in this 5 hour training program meets the requirements in the Federal Motor Carrier Safety Administration's (FMCSA) final rule for the National Registry of Certified Medical Examiners (National Registry) Core Curriculum Specifications. In accordance with 49 CFR 390.105(b), this training includes the eight topics which must be covered in the core curriculum specifications, including medications, contraindicated for commercial drivers, drugs of concern, and drug testing. Must sign in for AM and PM sessions to receive a separate participation certification. Following completion of this training, participants will receive the proof of training certificate required to take the NRCME examination in addition to CE credits.

\*Please note: All 3 workshop courses will take a lunch break (on your own) from 11:30 AM to 1:00 PM.

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7:00pm - 9:00pm

**FNPN'S EPIC ROARING 20's PC FUND RAISING EVENT: LOCATION HAWK'S LANDING**

HOSTED BY FNPN PC COMMITTEE: MARK FONSECA, PC CHAIR & PC COMMITTEE MEMBERS. Tom Schlepko, Pat Perry, Faith Moore Cruz, Angela Campbell, LaMisa Rayside, Christine Fechter, Laurie Desouza & Arlene Wright ( member at large)

JOIN US FOR THIS AUSPICIOUS TICKETED EVENT TO TRAVEL BACK IN TIME TO ONE OF THE MOST ICONIC DECADES IN HISTORY. GATHER WITH GUESTS AND NETWORK WHILE YOU SAMPLE AWESOME HORS D'OUVERS, ENJOY DELECTABLE DESSERTS, SIP YOUR FAVORITE BEVERAGES, GET INSPIRED WITH LIVE JAZZ MUSIC, TRY OUT OUR ROARING 20'S TRIVIA CONTEST, AND ENTER OUR ROARING 20'S COSTUME AND OH YES A "CHARLESTON DANCE" CONTEST. START LOOKING FOR THAT GREAT FLAPPER OR ZOOT SUIT COSTUME. PLEASE SUPPORT OUR 20 YEARS OF ADVOCACY - PROMOTING, ADVANCING, AND PROTECTING PROFESSIONAL PRACTICE FOR FLORIDA NPs.

## Friday, August 26, 2022

7:00am - 5:00pm

**Registration & Help Desk- Crystal Registration Desk**

General Session in Crystal Ballroom D

Attendee Registration for Friday Conference-New This Year online check in.

Scan QR codes to take evaluations online in real time.

Continental Breakfast 7am-8am

Exhibitors Registration and set up between 7am - 8:30am

PC Raffle Donations can be dropped off between 7am - 8:30am

Lunch served at 12-1pm - Location: Crystal Ballroom D

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8:00am - 9:15am

**"Stronger together ..Stronger than Ever" - Location: Crystal Ballroom D**

April N. Kapu, DNP, APRN, ACNP-BC, FAANP, FCCM, FAAN President of American Association of Nurse Practitioners Opening Keynote Speaker

1.25 CE Credits

We are delighted to welcome Dr. Kapu to our 20th Anniversary Celebration and Conference. She will discuss the impact NP's made throughout the pandemic and how this has shaped the future of NP practice, describe the rollout of COVID-19 executive orders across states, and associated opportunities for full practice authority. In addition, she will discuss the impact of the pandemic on NP mental health and offer strategies for addressing burnout. This presentation will offer attendees up-to-date information about AANP member resources related to practice, education, advocacy, research and leadership.

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9:15am - 10:00am

**Break: Exhibit Hall Ribbon Cutting Ceremony- Location: Crystal Ballroom C**

Join us for the opening of the exhibit hall celebrating our 20th Anniversary. FNPN extends a huge thank you to our exhibitors and sponsors for supporting our annual conference enabling us to bring current and relevant educational programs to our Florida NPs. Be sure to pick up your FNPN Exhibit Hall Passport and have each exhibitor mark that you visited the booth and drop your completed passport at the registration desk before the end of the conference!

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10:00am - 11:00am

**Starting an Autonomous Practice- - Location: Crystal Ballroom D**

Monica Barfield, MSN, APRN, AGACNP-BC, FNP-BC, Clelia Lima, DNP, APRN, FNP-C, Wendy Paraka DNP, APRN, NP-C, FNP, FAANP, and Taylor Ann Drew, RN, MSN, ANP-BC

1.0 CE Credit

Our FNP panel presents a "So you want to start an Autonomous Practice! Roadmap To Starting A Primary Care Practice As An Autonomous Nurse Practitioner". All four members are NP business owners and will share their expertise on how to start and sustain a successful Autonomous Practice in Florida. They will describe their journey as well as provide critical information to help NPs start or expand their own practices. Join us so you won't get lost on your way to your practice ownership!

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11:00am - 12:00pm

**ADHD & Autism Across the Lifespan - Location: Crystal Ballroom D**

Cindy Parsons, DNP APRN PMHNP-BC FAANP and Marie D. Akers, DNP, APRN-PPCNP-BC

1.0 CE Credit

Examine the incidence and prevalence of Attention Deficit Hyperactivity Disorder in the U.S. and Worldwide. Define the diagnostic criteria of ADHD per the DSM 5 TR. Explore the signs and symptoms of ADHD sub-types in children, adolescents and adults. Evaluate evidence-based treatment approaches including pharmacological and non-pharmacological interventions.

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12:00pm - 1:00pm

**Product Theater: Topical Insights on Menopausal Hormone Therapy - Location: Crystal Ballroom D**

Brooke Faught, DNP, WHNP-BC, NCMP, FAANP

Join Brooke Faught, DNP, WHNP-BC, NCMP, FAANP, IF, as she discusses how the evolving understanding of hormone therapy and topical treatment options are helping to reshape the future of treatment for menopause, including an overview if the latest benefit and risk data and approaches for discussing hormone therapy with patients. Thank you Scientific Global for providing this session on educating us and Advancing the Future of Menopause Therapy.

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1:00pm - 2:00pm

**Break Out #1A: Exercise as Medicine -Location: Crystal Ballroom D Ballroom**

Jean W. Davis, PhD, DNP, EdD, APRN, FNP-BC, CNS-BC

1.0 CE Credit

UCF Assistant Professor of Nursing Dr. Jean Davis' research explores the benefits physical activity for all and how it can decrease health disparities. Hear her update on Exercise for Health Promotion, Risk Reduction, and Disease Treatment. Learn to evaluate condition-specific physical activity guidelines for application to practice, apply exercise as medicine in advanced practice nursing and support patients to form an exercise habit to enhance long-term health .

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1:00pm - 2:00pm

**Break Out #2A: Care of the Transgender Patient - Location: Grand Ballroom 11-12**

Thomas Schlepko, DNP, APRN, FNP-BC, PMHNP

1.0 CE Credit

Dr. Schlepko, FNP and PHMNP, understands well the challenges many patients face associated with sex and gender issues. A NP at a culturally diverse Medical Center in Miami-Dade, he will discuss the role of the primary care provider in transgender care. He will present specific risk factors for transgender patients for NPs to understand gender dysphoria and the importance of mental health care. Learn the basics of hormone therapy and the clinical outcomes and be informed on the benefits and risks of gender reassignment surgery.

2:00pm - 3:00pm

**NSO: Nurse Practitioner Claim Report Update 4th Edition - Location: Crystal Ballroom D**

Christie Susko and Lynn Pierce, APRN

1.0 CE Credit

Our NSO Team is back with us live this year to present the Nurse Practitioner Claim Report: 4th Edition. The latest claims data will bring you practical and relevant information to apply to your practice. This presentation will list the leading allegations made against nurse practitioners in malpractice lawsuits, define the average incurred expenses for nurse practitioners in a malpractice lawsuit, and identify key risk management tools nurse practitioners can incorporate into their practice. We always look forward to the report findings to protect your NP license and ensure best care for all patient safety.

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3:00pm - 4:00pm

**Scientific Poster Presentations - Location: - Location: Crystal Ballroom D**

Stevie Camp, DNP; Tammy Sadighi, DNP, APRN-FNP, MBA, CHSE; Terri Pender, DNP, APRN; Sally Weiss, EdD, APRN, FNP-C, CNE, ANEF; Jenn Kuretsi, EdD, APRN, FNP-C, CNE, ANEF; and Jennifer North, FNP, ARNP

1.0 CE Credit

Poster Presentations will be located by Exhibit Hall. Six (6) Poster Presenters include our Florida colleagues as they present their projects.

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3:00pm - 4:00pm

**Exhibit Hall - Crystal Ballroom C**

A Great Opportunity to Network and Learn New Information With Our Supporting Vendors and Sponsors!

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3:00pm - 5:00pm

**APP Directors Meeting (Invitational Only) - Location: Grand Ballroom 13-14**

Dr. Arlene Wright , DNP, APRN, FNP-BC FNAP, FAANP( Millennium Physician Group) , Dr. Douglas Houghton, DNP, APRN (Jackson Miami) and Dr. Brian Graves, PHD, APRN (TGH)

Invitational meeting for current members of the FNP Advanced Practice Provider Director's Network. Co-Leaders of the Statewide APP Directors, Dr. Douglas Houghton and Dr. Brian Graves will host this meeting live and on ZOOM for the members to join in for the annual presentation and state-wide updates. Pending application for Florida BON CE Broker 2 CE hours. A Separate registration required.

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4:00pm - 5:00pm

**Break Out #1: Homeopathy: Approaches to Joint Disease - Location: - Location: Crystal Ballroom D**

Kathleen Wilson, Ph.D., APRN, FNP-C, CPNP, BC-ADM, FAANP

1.0 CE Credit

Learn about adding Homeopathy to your practice. The number of patients requesting alternative health care practices is increasing. Additionally, some conditions in primary care may not be fully responsive to allopathic approaches but may better respond to alternative strategies such as homeopathy. Three (3) common conditions within the musculoskeletal system will be explored through integrative homeopathic approaches. This session is designed to provide the participant with a few tangible clinical pearls that can be readily employed in their practice in the care of patients in primary care.

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4:00pm - 5:00pm

**Break Out #2: Updates on Hepatocellular Carcinoma Diagnosis -Location: Grand Ballroom 9-10**

Edward T. Briggs, MS, DNP, APRN

1.0 CE Credit

This session will identify the risk factors and current screening recommendations for hepatitis C., Identify the pathophysiology of Hepatitis C and its relation to hepatocellular carcinoma, Discuss the clinical management of hepatitis C and detail appropriate medication management of patients diagnosed with hepatitis C. and Identify the diagnosis and treatment of hepatocellular carcinoma to include surgical and interventional radiology management.

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4:00pm - 5:00pm

**Break Out #3: Nuclear Medicine Diagnostic Testing for Primary Care Providers - Location: Grand Ballroom 11-12**

Nicholas Plaxton, MD, Nuclear Medicine Bay Pines VA Hospital

1.0 CE Credit

As a nuclear medicine expert with extensive experience in Nuclear Medicine including Molecular Imaging, Gamma Camera and SPECT/CT imaging, Dr. Plaxton will provide an overview of critical studies to evaluate and diagnose conditions requiring special imaging.

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5:00pm - 6:00pm

**New NP and Student "Meet and Greet" with Board of Directors- Location: Crystal Ballroom E**

President Deb Tedesco and the Board of Directors

FNPN's Annual Social Event for New NPs and Student NPs be held in the exhibit hall. Join us and network! Thank you to Advanced Practice Education Associates (APEA), an Ascend Learning brand for sponsoring this event.

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## Saturday, August 27, 2022

7:00am - 3:30pm

**Registration & Help Desk- Crystal Registration Desk**

Registration Desk is open to assist you with any questions or needs.

Attendee Registration for Friday Conference-New This Year online check in.

Scan QR codes to take evaluations online in real time.

Think Tank Meeting- 7:30-9am - Location: Grand Ballroom 13-14- Separate Invitation/RSVP Required

Lunch served at 11:45-12:45- Crystal Ballroom D

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8:00am - 9:00am

**Continental breakfast with the Exhibitors- Location: Crystall Ballroom C**

Celebrating our Special 20th Anniversary Breakfast in the Exhibit area so you can meet and network with our Exhibitor and Sponsors. Grab your Exhibitor Passport and make great networking contacts!

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9:00am - 10:00am

**The Nurse Practitioner Role in Leading Healthcare Transformations -- Location: Crystal Ballroom D**

Featured Keynote Speaker: Rear Admiral Susan Orsega, Senior Advisor to Assistant Secretary for Health (ASH) and U.S. Surgeon General, Washington DC,

1.0 CE Credit

It's our honor to welcome Rear Admiral Susan Orsega, a long-time champion of our nation's public health and one of the most recognized nurse practitioners, to speak on the NP role in leading healthcare transformation! Currently, RADM Orsega is the Senior Advisor to Assistant Secretary for Health (ASH) and U.S. Surgeon General. The Admiral has held numerous leadership positions at the Department of Health and Human Services (HHS) in her 32-year career. Prior to this assignment, she served as Acting Surgeon General from January 26, 2021 - March 25, 2021, pending the Senate confirmation of Dr. Vivek H. Murthy as the 21st Surgeon General. Her presentation will focus on the role nurse practitioners play in the future fight against public health crises such as COVID-19 and current mental health, Identify skills needed to address health through practice, program, and policy strategies focused on health care across all populations we serve, and identify how nurse practitioners' roles fit into the picture of health care delivery excellence.

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10:00am - 10:30am

**Exhibitor Time- Location: Crystal Ballroom C**

Last chance to get your completed Exhibit Hall Card filled out and submitted. Meet with our wonderful sponsors and supporters!

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10:30am - 11:45am

**FNPN Annual Membership Meeting -- Location: Crystal Ballroom D**

FNPN Board of Directors

1.25 CE Credits

This is or annual business meeting. All invited to attend.

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11:45am - 12:45pm

**Product Theater Sponsor Novo Nordisk - Treatment After Metformin: What Are Your Options? -- Location: Crystal Ballroom D**

Dr. Kathleen P. Wilson, PhD, APRN, FNP-BC, BC-ADM, FAANP Advanced Registered Nurse Practitioner and Nurse Practitioner Educator  
Tallahassee Memorial Healthcare, Metabolic Center, Endocrinology

Dr. Wilson is a subject matter expert as a NP in the field of Endocrinology and will explore the roles of native GLP-1 in T2D pathophysiology. Review the recommendations from national association guidelines on the treatment options after metformin in the T2D treatment algorithm. Evaluate the efficacy and safety results from a mono-therapy trial of a once-daily GLP-1 RA as well as 2 other head-to-head clinical trials, including vs an SGLT-2i and a DPP-4i. Evaluate the safety data from a cardiovascular outcomes trial, followed by dosing and administration information.

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12:45pm - 1:30pm

**Rapid Fire Presentations - Location: Crystal Ballroom D**

Speakers: Glenda Quinones, MSN, ARNP, AGPCNP-C {Knowledge Awareness of Depression Screening in Individuals with Chronic Liver Disease among Healthcare Providers in Miami, Florida: A Quality Improvement Project}, Stacia Hays, DNP, CPNP-PC, CCTC, CNE, FAANP, {They're Here! Updates in Developmental Milestones, 2022}, Melody Johnson, APRN, {Improving Cardiac Rehabilitation Attendance and Completion Through Quality Improvement Activities in a Rural, Seasonal Program}, Julie Umberger, DNP, APRN-BC, {The Significance of History Taking to Ensure Diagnostic Quality in the Era of Telehealth} and Lolita Melhado, Ph.D., APRN, FNP-BC, ACHPN {Using an Advance Care Planning Script (ACPS) to Improve Outcomes}

0.75 CE Credits

Rapid Fire Talks deliver quick updates for your practice and present new ideas and trends.

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1:30pm - 2:30pm

**Navigating the Crossroads and Thriving Outside of Nursing - Location: Crystal Ballroom D**

Closing Keynote: Sheldon Fields, PhD, RN, CRNP, FNP-BC, AACRN, FAANP, FNAP, FAAN - Research Professor and Associate Dean for Equity and Inclusion in the College of Nursing at Penn State University.

1.0 CE Credit

Join us for our closing special presentation by Dr. Sheldon Fields who will share his personal story of success, resilience, and how he didn't allow marginalization to define him. Additionally, Dr. Fields will 1. Discuss the current state of diversity in nursing. 2. Review and discuss crossroads that nursing is dealing with, and, 3. Discuss how one diverse nurse practitioner was able to navigate and thrive outside of nursing.

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2:30pm - 2:45pm

**Wrap Up and Thank You!**

Closing and Wrap up: Dr Deb Tedesco, FNP President

Announcements and CE Information

Scan QR codes to take evaluations in real time.